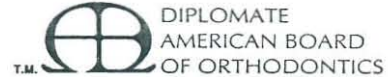


# RALPH J. DEDOMENICO, D.M.D., P.A.

SPECIALIST IN ORTHODONTICS  
CHILDREN & ADULTS



## NOW THAT YOU ARE WEARING A RETAINER

The removable plastic appliance we have just fitted to your mouth will make final improvements in your teeth and **HOLD THEM IN PLACE.** Be sure to remember the following things about this appliance.

1. **WHEN TO WEAR YOUR RETAINER – all of the time** - day and night for the first year. After a year you will go to night wear only. You should wear the retainer at night for as long as you want your teeth to stay where they are now. It may be left out of the mouth for special occasions such as swimming, playing football or any other sport as well as going to the beach or theme park - **LEAVE THEM HOME**. Wearing the retainer during these activities may result in the retainer becoming lost or broken. If left out of the mouth for more than a few hours – place the retainers in water or they will dry out and crack over time.

### **RETAINERS ARE EITHER IN THE MOUTH OR IN THE CASE**

2. **KEEP IT CLEAN** – it will catch food and irritate your gums if you don't. Brush your teeth and your retainer each time after eating. **NEVER USE HOT WATER AS THE RETAINER WILL CHANGE SHAPE.**
3. **DON'T PLAY WITH THE RETAINER** – if you **FLIP IT** in and out of your mouth, it won't hold your teeth in place. You will also break the wire and have to have a **NEW RETAINER** made at an additional cost.
4. Should anything happen that you can't wear your retainer for **ANY** reason, if it gets bent, lost or broken --- Call **IMMEDIATELY** for an appointment.
5. If you do not wear the retainer, your teeth will not stay in position and then the retainer will not fit !!! This will require you to have braces again to re-straighten your teeth.
6. **REMEMBER – YOU** are responsible for maintaining your teeth; Our Job is over except to adjust these retainers. **IT IS YOUR RESPONSIBILITY TO WEAR THE RETAINERS.**
7. **REPLACEMENT VALUE OF THIS RETAINER IS \$ 195 each**
8. **HAVE YOU ASKED ABOUT THE SERVICE AGREEMENT??**