



## ORTHODONTICS FOR CHILDREN & ADULTS

RALPH J. DEDOMENICO, D.M.D., P.A.



### CRIB

TODAY YOU HAD YOUR CRIB PLACED. IT WILL HELP REMIND YOU TO PUT YOUR TONGUE UP TO THE ROOF OF YOUR MOUTH AND IF YOU SUCKED A FINGER IT WILL REMIND YOU NOT TO BY MAKING IT HARD TO GET YOUR FINGER IN YOUR MOUTH. YOU MAY EAT REGULAR FOODS SINCE THE CRIB DOES NOT STOP YOU FROM EATING. HOWEVER, YOU CANNOT EAT APPLES OR CARROT OR CELERY OR YOU WILL BEND THE CRIB. ALSO FOLLOW THE "NO EAT" LIST YOU WERE GIVEN. MAKE SURE YOU BRUSH YOUR TEETH REAL GOOD AND ALSO THE WIRES OF THE CRIB. DO NOT PLAY WITH THE CRIB WITH YOUR FINGERS OR TONGUE OR YOU WILL HURT YOUR TEETH AND BREAK THE CRIB.

MOST CRIBS STAY IN FOR ABOUT 6 MONTHS. SINCE THE MOUTH GROWS AND THE WIRES DO NOT YOU WILL OUTGROW THE CRIB LIKE YOU DO YOUR SHOES.

IF THE BANDS ON THE BACK TEETH EVER COME LOOSE PLEASE CALL THE OFFICE SO WE MAY RECEMENT THEM. DO NOT LEAVE A LOOSE CRIB IN PLACE!!!

IF YOUR TEETH ARE SORE YOU MAY TAKE TYLENOL 325 MG OR ADVIL 200MG AS NEEDED. ANY SORENESS WILL BE GONE IN LESS THAN 48 HOURS.

CALL IF YOU HAVE ANY QUESTIONS.



you'll see more smiles today  
thanks  
to  
orthodontics!